

## Leadership Development Program

If you are looking to **build strong teams, develop leadership and unleash the potential of your people** then this will be the most effective training you have ever attended.

What is it that inspires our teams to develop and to grow with the company? The simple answer is leadership. Leaders must be able to coach their teams to help them take on new skills and effectively adapt to change.

It is leadership through coaching that really drives up performance and changes habits. The most effective leaders are able to adapt their approach and behaviour in order to coach others most effectively.

### So, why horses?

In working with horses, participants come face to face with the very personal challenges of leadership and communication. It is a profound learning and development experience.

Horses provide reliable and honest feedback to people. They test our ability to exercise power and influence. By learning to ask a horse to undertake simple tasks, to follow you or be led by you, you access a direct means to refine your influencing skills and to experiment with new ways to form relationships. Horses, unlike people, do not have an axe to grind and don't have an alternative agenda. This means that relationships develop based on leadership skills, trust and respect.

### Workshop summary

The workshop uses the skills involved in horse whispering to provide an insight into your own personal leadership and behaviour style. Through coaching, reflection, discussion and observation participants are able to discover and develop an increased range of behaviours styles in order to be a more effective leader, coach and communicator across a broader range of situations.

The workshop provides individual attention and facilitated time to work with others. The intention is that you experience something new, fun, fascinating and enlightening.

### Workshop outcomes

In this workshop you will learn the essential phrases in "horse-whispering" language and at the same time achieve an exhilarating insight into the way you communicate, and the effect you have on the people you seek to lead.

The workshop provides the tools and principles to explore and develop your expertise in the following areas:

- Non-verbal communication
- Learning how to use your energy more effectively
- Your ability to inspire and motivate others
- Self awareness and accessing personal resources
- Lateral thinking and problem solving
- Creative strategy and positive thought patterns
- Actively exploiting and transferring fear and anxiety
- Your ability to create space and confront barriers
- Patience
- Setting and achieving goals



**Please note that the work with horses is on the ground and no riding is involved.**